



RSHE Overview

At Sandon Primary Academy, our aim is for our pupils to become well rounded, respectful and successful individuals who are prepared and have the resilience to flourish within our local community and lead happy, safe and positive lives on and offline.

Our curriculum is divided into three main strands; Health and Wellbeing, Relationships and Living in the wider world. Each year, pupils build on previous learning within each strand to strengthen their confidence and understanding of the world around them, to prepare them for secondary school and into young adult life in their community.

From an early age, children are given opportunities to understand how healthy relationships can benefit their own mental wellbeing and self-respect, they will also learn and understand human sexuality and respect themselves and the choices of others. A comprehensive health education program plays an important part of the curriculum. Starting in the Early years and continuing through to upper Key Stage 2, it introduces the human body and the factors that prevent illness and promote or damage health.

The RSHE curriculum is practically taught to ensure key learning remains at the heart of activities. Children learn through role play and real-life scenarios to make their learning memorable and to allow them to apply their learning to their own lives.

Our school motto's, phrases, nurturing environment and close partnership with our community and families provide a safe place for our pupils, children know they can talk to staff for support and guidance, both orally and through the use of our electronic mood trackers. Our strong school ethos of being 'Sandon Rock' is reflected in weekly assemblies and all lessons. We promote happiness and wellbeing amongst our children and this is paramount to their success.

To further support wellbeing within the curriculum, we provide our children with much more than what takes place inside the classroom. Each child, is given their own house team named after street names within the Meir community. The house system promotes team work, achievement, setting goals and gives our pupils the opportunity to regularly take part and compete in our school team enrichment days.

Pupil voice also plays an important role. Our children are encouraged to share their views and opinions, as well as to listen and respect the beliefs of others. Children are involved in decision making at Sandon, they decide what they would like in their school environment, learning, school trips and rewards. After school hours, our varied range of school clubs support our children in achievement within their interests, as well as those in the curriculum.

The school has carefully considered when and what children will learn as part of their sex education at Sandon. Children are taught to know the basic facts about puberty and human reproduction before they go to secondary school to further support safety and wellbeing. Although not compulsory, Sex education is strongly recommended. Parents are consulted before the content is taught and School continues to work closely with parents when planning and delivering the RSHE curriculum.