

Autumn Term	Spring Term	Summer Term
Theme: Health and Wellbeing	Theme: Relationships	Theme: Living in the wider world
Where we learn to keep ourselves and others happy, healthy and safe in the world around us.		
<p>Key Objectives:</p> <p>Lesson 1: Can I identify how to be safe with medicines?</p> <ul style="list-style-type: none"> •To begin to understand what is safe to put into or onto our bodies. • I understand what can safely go into my Body. • I can explain why I should never put some things into my body. • I understand that I should only take medicines if a grown-up I trust says it is OK. <p>L1 Key Vocabulary: adult danger ill damage medicine</p> <p>Lesson 2: Can I explore people’s choices around alcohol and tobacco?</p> <ul style="list-style-type: none"> • To understand the choices people can make and those which are made or influenced by others. • I understand some choices I can make. • I understand why some decisions are made for me. • I can explain who might make choices for me. • I understand that there are people who will influence what I choose. • I can explain how someone’s influence might not be good for me. • I can begin to understand the effect of alcohol and tobacco. • I can understand the choices I should make around alcohol and tobacco. • I am aware of the laws and age restrictions around alcohol and tobacco and why these are in place. <p>L2 Key Vocabulary: choice, decision, rather, alcohol, tobacco, influence, decision, law, age restriction</p> <p>Lesson 3: Can I recognise how change is part of growing up?</p> <ul style="list-style-type: none"> • To recognise that change is part of growing up. • I understand I have changed physically and developed skills in my life so far. • I can identify some physical changes I will go through before I become an adult. • I can identify things I will be able to do when I am an adult that I cannot do now. <p>L3 Key Vocabulary: child adult change grow develop physical changes</p> <p>Lesson 4: Can I recognise the physical differences between children and adults? (Parental consent)</p> <ul style="list-style-type: none"> • To recognise the physical differences between children and adults. • I understand that my body will change as I become an adult. • I understand that different change happen to males and females. • I can identify some physical differences between child and adult bodies. • I can explain ways to look after my personal hygiene. <p>L4 Key Vocabulary: change exciting worries physical height breasts genitals penis testicles hips waist shoulders chest hair puberty hygiene</p>	<p>Lesson 1: Can I explore the difference between confidentiality and secrecy?</p> <ul style="list-style-type: none"> • To understand the concept of keeping something confidential or a secret. •To recognise when I should or should not keep something a secret. •To identify people, I can talk to if I am worried about myself or others. <p>L1 Key Vocabulary: secret, danger, surprise, concern, worry.</p> <p>Lesson 2: Can I begin to understand the physical and emotional boundaries in friendships?</p> <ul style="list-style-type: none"> • To begin to understand the physical and emotional boundaries in friendships. • I understand physical boundaries are different for different people. • I can explain some boundaries in friendships • I can explain what consent is • I understand that I have the right to decide what happens to my body. <p>L2 Key Vocabulary: respect permission boundary expectations consent</p> <p>Lesson 3: Can I understand how my behavior has an effect on others?</p> <ul style="list-style-type: none"> • To understand that my behaviour can have an impact on others • I understand that what I say and do affects others • I can think of ways to make other people happy • I can describe how making others happy makes me feel <p>L3 Key Vocabulary: Happiness Impact Act of kindness Helping Kind</p> <p>Lesson 4: Can I explore stereotypes?</p> <ul style="list-style-type: none"> •To explore stereotypes in fictional characters and think about how these might influence us • I understand how there are established stereotypes for both genders • I can identify fictional characters who reinforce gender stereotypes • I understand that stereotyped characters might influence children • I can explain the negative impact of stereotypes <p>L4 Key Vocabulary: Gender Stereotype Reinforce Character Negative</p> <p>Lesson 5: Can I explore how stereotypes are a barrier to how I see people?</p> <ul style="list-style-type: none"> •To recognise that stereotypes can relate to a number of factors. • I understand that stereotypes can affect how I see people. • I can explain how stereotypes might have a negative effect on people. 	<p>Lesson 1: Can I investigate and appreciate the diversity of people that live within the UK?</p> <ul style="list-style-type: none"> • I can talk about the range of identities in the British Isles. • I can describe the benefits of living in a diverse and multicultural society. • I understand the importance of showing kindness and respect to all people and celebrating differences. • I can identify that humans are equal in terms of the rights they have to live happy, safe, healthy and fulfilling lives. • I can recognise we all have a responsibility to help the rights of others be met. <p>L1 Key Vocabulary: multicultural, society, difference, diverse, richness, religious, ethnic, identity, culture, region, county, value, respect, belief, tradition</p> <p>Lesson 2: Can I understand the value of diversity in the community?</p> <ul style="list-style-type: none"> • I can name some of the groups that could make up a community. • I can explain what different people bring to a community. • I can explain why differences benefit a community. <p>L2 Key Vocabulary: Benefit Community Group Diversity Difference Same</p> <p>Lesson 3: Can I explore the benefits of reusing to care for our environment?</p> <ul style="list-style-type: none"> • To understand how reusing items benefits the environment • I understand the environmental benefits of reusing items • I can explain why reusing is better for the environment than recycling • I can identify a range of ways that items can be reused • I understand there are additional benefits to reusing items <p>L3 Key Vocabulary: Environment Benefit Waste Hierarchy Recycling Reusing</p> <p>Lesson 4: Can I identify ways I can protect the planet?</p> <ul style="list-style-type: none"> • To understand how reducing our use of materials and energy will help the environment. • I understand how reducing the use of materials and energy helps the environment. • I can explain some of the thing’s individuals can do to reduce use of materials and energy. • I can explain some of the things the government and business can do to reduce the use of materials and energy. • I know how individuals can influence government and business. <p>L4 Key Vocabulary: reduce environment energy materials government company businesses</p>

Cross-Curricular Links:

Autumn:

Spring:

Summer:

Enrichment:

Autumn:

Spring:

Summer:

Key Skills which can be revisited throughout other Subject Areas:

Key Days:

<p>Lesson 5: Can I explore the importance of staying safe out and about?</p> <ul style="list-style-type: none"> • To develop an understanding of safety on or near roads. • I understand the basic rules for keeping safe on or near roads. • I can explain rules for keeping safe. <p>L5 Key Vocabulary: distraction rules safety</p>	<ul style="list-style-type: none"> • I can talk about people who do not conform to stereotypes. <p>L5 Key Vocabulary: Disability Stereotype Discrimination.</p>	<p>Lesson 5: Can I identify the importance of keeping track of money?</p> <ul style="list-style-type: none"> • To begin to understand the importance of keeping track of money. • I understand why it is important to keep track of money • I can track how much money has been spent • I can work out how much money is left • I can explain some ways of tracking money. <p>L5 Key Vocabulary: Debit card Bank account Track Bank Statement</p>
<p><u>Link to the National Curriculum</u></p> <ul style="list-style-type: none"> • 	<p><u>Link to the National Curriculum</u></p> <ul style="list-style-type: none"> • 	<p><u>Link to the National Curriculum</u></p> <ul style="list-style-type: none"> •

National Curriculum: By the end of KS1, pupils will be able to:

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