

Autumn Term	Spring Term	Summer Term
Theme: Health and Wellbeing	Theme: Relationships	Theme: Living in the wider world
Where we learn to keep ourselves happy, healthy and safe in the world around us.		
<p>Key Objectives:</p> <p>Lesson 1: Can I understand my own emotions?</p> <ul style="list-style-type: none"> To describe and understand their feelings To develop simple strategies for managing them. I can describe how I feel I can recognise what might cause these feelings I can identify different ways of responding to emotions I can plan appropriate action to manage my feelings <p>L1 Key Vocabulary: feeling, emotion, help, happy, sad, angry, worried.</p> <p>Lesson 2: Can I explore what I am like?</p> <ul style="list-style-type: none"> To recognise and celebrate their strengths and set simple but challenging I can describe what I am like/what qualities I have I can identify my strengths I can think of things I would like to get better at I can set myself small, achievable goals. <p>L2 Key Vocabulary: skill, qualities, strengths, better</p> <p>Lesson 3: Can I learn how to be safe with substances?</p> <ul style="list-style-type: none"> To begin to understand what is safe to put into or onto our bodies. I understand what can safely go into my body. I understand what can safely go onto my body. I can explain why I should never put some things into my body. <p>L3 Key Vocabulary: into, onto, adult, danger, ill, damage medicine</p> <p>Lesson 4: Can I learn how to stay safe at home?</p> <ul style="list-style-type: none"> To understand that there are dangers at home and how these can be avoided. I understand that there can be hazards in the home. I can explain how I can make things safer by following simple rules. I know what I need to do if there is an accident at home. <p>L4 Key Vocabulary: safe, unsafe, accident, hazard, danger</p> <p>Lesson 5: Can I learn what an emergency is and how to respond in an emergency?</p> <ul style="list-style-type: none"> To know what an emergency is and how to make a phone call if needed. I understand what an emergency is. I know the number to call in an emergency. I know my address and postcode 	<p>Key Objectives:</p> <p>Lesson 1: Can explore what family is?</p> <ul style="list-style-type: none"> I know the correct names for different relations I understand that certain information about me and my family is personal. I can understand that families can include different people <p>L1 Key Vocabulary: family, relation, Mum, Dad, parent, brother</p> <p>Lesson 2: Can I explore What friendship is?</p> <ul style="list-style-type: none"> To begin to understand the importance and characteristics of positive friendships I can explain what I like about my friends I understand some characteristics of a good friend <p>L2 Key Vocabulary: friend, kind, trust, generous, share, listen, fun, helpful, truth</p> <p>Lesson 3: Can I recognise other people's emotions?</p> <ul style="list-style-type: none"> To recognise how others, show feelings and how to respond I can recognise when other people might feel sad, worried or angry I can show that I care by listening and thinking about what they say I can offer advice I understand that people can feel differently from me <p>L3 Key Vocabulary: feeling, sad, worried, help, care Listen</p> <p>Lesson 4: Can I explore how friendships can make us feel?</p> <ul style="list-style-type: none"> To begin to understand how friendships can make us feel I understand the feelings we may have about working with different people I can work with people I don't know very well. <p>L4 Key Vocabulary: Challenge Co-operate Work together Team</p> <p>Lesson 5: Can I explore Gender Stereotypes?</p> <ul style="list-style-type: none"> To begin to understand what is meant by a stereotype I understand that stereotypes about boys and girls exist I can explain why these are often incorrect I can challenge stereotypes. <p>L5 Key Vocabulary: stereotype, favourite, boy, girl</p>	<p>Key Objectives:</p> <p>Lesson 1: Can I explore the importance of rules?</p> <ul style="list-style-type: none"> To begin to understand the importance of rules I can identify key rules we have in school I understand why rules are important I can explain some consequences of not having or following rules <p>L1 Key Vocabulary: rule, different</p> <p>Lesson 2: Can I explore why I am unique?</p> <ul style="list-style-type: none"> To begin to recognise ways in which we are the same and different to other people I can describe what it means to be unique I can identify things that are the same about people I can identify things that are different about people <p>L2 Key Vocabulary: Same. different. unique</p> <p>Lesson 3: Can I explore ways in which I am the same to others?</p> <ul style="list-style-type: none"> To understand the range of groups people belong to. I understand that there are a range of groups people belong to I can identify some groups I belong to I can explain that some groups are chosen and some we just belong to. <p>L3 Key Vocabulary: Different Group same</p> <p>Lesson 4: Can I begin to explore what money is and where it comes from?</p> <ul style="list-style-type: none"> To understand what money is and where it comes from. I understand that coins and notes have different values. I can identify where children might get money from. I can explain what to do if I find money. I understand why it is wrong to steal money. <p>L4 Key Vocabulary: Coins Earn Money Pocket money Value</p> <p>Lesson 5: Can I begin understand how to use money?</p> <ul style="list-style-type: none"> To begin to understand that people make different choices about spending and saving money. I understand that we can make choices about what to do with our money. I can explain what might influence these choices <p>L5 Key Vocabulary: Choice Save Spend</p>

Cross-Curricular Links:

Autumn:

Spring:

Summer:

Enrichment:

Autumn:

Spring:

Summer:

Key Skills which can be revisited throughout other Subject Areas:

Key Days:

<p>L5 Key Vocabulary: police, fire, ambulance, emergency,999</p>		
<p><u>Resources</u></p>	<p><u>Resources</u></p>	<p><u>Resources</u></p>
<p><u>Link to the National Curriculum</u></p> <ul style="list-style-type: none"> • 	<p><u>Link to the National Curriculum</u></p> <ul style="list-style-type: none"> • 	<p><u>Link to the National Curriculum</u></p> <ul style="list-style-type: none"> •

National Curriculum: By the end of KS1, pupils will be able to:

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