

RSHE: Curriculum Overview

Key Stage 1



SUMMER: LIVING IN THE WIDER WORLD

Thinking about people's role in our community.

SPRING: RELATIONSHIPS

Exploring how all families can be different.

AUTUMN: HEALTH & WELLBEING

Exploring techniques to manage my emotions and ways to overcome barriers I face.

SUMMER: LIVING IN THE WIDER WORLD

Learning about money and how we use it in the wider world.

SPRING: RELATIONSHIPS

Exploring what we mean by family and relationships.

AUTUMN: HEALTH AND WELLBEING

Understanding my emotions and ways to overcome barriers I face.

Y2 EXTERNAL VISITOR

Yoga Workshop

Year 2

Year 1