

# RSHE: Curriculum Overview

## Year 3 & 4



External Visitor

Road Safety Workshop

### SUMMER: LIVING IN THE WIDER WORLD

Understanding diversity and how to care for our planet

### SPRING: RELATIONSHIPS

Exploring stereotypes and how behaviour can impact others

### AUTUMN: HEALTH & WELLBEING

Understanding how to use medicines safely & recognising physical changes that occur as we grow.

### SUMMER: LIVING IN THE WIDER WORLD

Thinking about your rights and the rules you should follow

### SPRING: RELATIONSHIPS

Thinking about how to resolve conflict by communicating effectively

### AUTUMN: HEALTH & WELLBEING

Discussing the benefits of living a healthy life

Year 3

Year 4