



**TONY**

## About Me

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Hi, I'm Tony, your current (BACP registered) school counsellor here at Sandon Primary Academy.

As part of the North Staffs Mind - schools counselling team, I offer a trauma informed, confidential space for children to explore and process their feelings and difficult experiences.

Working with various age groups, sessions are child led and with the building of a trusting relationship, children are supported to explore whatever is troubling them at their own pace, and with the freedom to express and communicate in a way that is right for them, regardless of age or developmental stage.

As well as talking therapies, children can be supported by the use of a variety of approaches including art, music, sand tray and therapeutic play.

Offering up to 6 sessions, these sessions are held in school on a weekly basis, in a safe and confidential setting.