

Autumn Term	Spring Term	Summer Term
Theme: Health and Wellbeing	Theme: Relationships	Theme: Living in the wider world
Where we learn to keep ourselves and others happy, healthy and safe in the world around us.		
<p>Key Objectives:</p> <p>Lesson 1: Can I identify the ways in which Social Media may affect me?</p> <ul style="list-style-type: none"> • To recognise how information in the media (and online) can affect how people feel about themselves • I know what social media is • I know that information on social media doesn't always reflect reality • I know that social media can affect how people feel about themselves • I know that sometimes people mask their real feelings <p>L1 Key Vocabulary: Social media Emotions Feelings</p> <p>Lesson 2: Can I explore the risks of alcohol?</p> <ul style="list-style-type: none"> • To begin to understand the risks of alcohol. • I understand the risks of drinking alcohol. • I can explain why some adults drink alcohol. • I can explain why some adults choose not to drink alcohol. <p>L2 Key Vocabulary: excessive alcohol choice risk short term long term responsible</p> <p>Lesson 3: Can I understand the influence others can have on us when making a decision? (Alcohol, drugs and tobacco)</p> <ul style="list-style-type: none"> • To begin to understand the influence others have on us and how we can make our own decisions. • I can explain some things I can make my own decisions about. • I understand that other people might try to influence my decisions and choices • I know some strategies I can use to overcome pressure from others. <p>L3 Key Vocabulary: influence choice for against decision pressure peer pressure peer acceptance</p> <p>Lesson 4: Can I understand the changes that happen to me during puberty? (Parental consent)</p> <ul style="list-style-type: none"> • To understand the changes that happen during puberty. • I understand changes that happen during puberty for boys, girls and both. • I can name the parts of the body. • I can use my knowledge to answer other people's problems. <p>L4 Key Vocabulary: puberty change cervix ovary fallopian tube uterus vagina vulva clitoris vaginal opening labia penis bladder testicle scrotum sperm duct breasts nipples.</p> <p>Lesson 5: Can I understand what conception means? (Parental consent)</p> <ul style="list-style-type: none"> • To understand the biology of conception. • I understand the menstrual cycle. • I understand how a baby is conceived. <p>L5 Key Vocabulary: sperm egg erection fertilise conception sexual intercourse relationship</p>	<p>Lesson 1: Can I understand that respect is an important part of relationships?</p> <ul style="list-style-type: none"> • To understand that respect is two-way and how we treat others is how we can expect to be treated. • I understand respect is an important part of relationships • I can explain how I want to be respected • I understand that I should treat others how I expect to be treated myself <p>L1 Key Vocabulary: Respect Demonstrate Peers Online Disrespect</p> <p>Lesson 2: Can I explore the concept of marriage?</p> <ul style="list-style-type: none"> • To understand the concept of marriage • I understand that marriage is a legal commitment. • I understand that marriage is an individual choice. • I can explain why people might decide to get married. <p>L2 Key Vocabulary: Wedding Marriage Choice Religion Legal Lifelong</p> <p>Lesson 3: Can I explore stereotypes?</p> <ul style="list-style-type: none"> • To understand stereotypes and be able to share information on them • I understand a range of stereotypes • I can identify key information on a topic • I can effectively share information on a topic <p>L3 Key Vocabulary: Stereotype Message</p> <p>Lesson 4: Can I understand gender identity?</p> <ul style="list-style-type: none"> • To understand gender identity and sexual orientation • I understand that gender identity and expression can be seen as a continuum • I can explain how gender and sexual orientation form part of a person's identity • I can explain how to show respect for people in terms of gender identity <p>L4 Key Vocabulary: Identity Gender identity Masculine/masculinity Feminine/femininity Continuum/spectrum Sexual orientation Attraction Sex Expression</p> <p>Lesson 5: Can I recognise prejudice and discrimination?</p> <ul style="list-style-type: none"> • To recognise prejudice and discrimination and learn how this can be challenged • I understand what prejudice and discrimination are and why they are wrong • I can explain how I might challenge prejudice and discrimination <p>L5 Key Vocabulary: Prejudice Discrimination Segregation Tackling Overcoming Homosexual/ gay</p>	<p>Lesson 1: Can I explore and understand my human rights?</p> <ul style="list-style-type: none"> • To understand human rights, including the right to education. • I understand human rights are there to protect everyone • I can explain why education is important and is included as a human right • I understand why individuals campaign for causes they believe in <p>L1 Key Vocabulary: Education Human rights</p> <p>Lesson 2: Can I understand how to show care and concern for others?</p> <ul style="list-style-type: none"> • To understand how to show care and concern for others • I understand that I have responsibilities towards other people and living things • I can explain how I care about things in my day to day life • I can explain the issues or causes I care about <p>L2 Key Vocabulary: Care Responsibility Concern Issue Cause</p> <p>Lesson 3: Can I understand the role of pressure groups?</p> <ul style="list-style-type: none"> • To recognise the role of pressure groups. • I understand what a pressure group is. • I can explain how pressure groups can bring about change. <p>L3 Key Vocabulary: pressure group change charity campaign celebrities</p> <p>Lesson 4: Can I begin to understand how government works?</p> <ul style="list-style-type: none"> • To begin to understand how government works • I understand how government works • I can identify some roles in government • I can explain some ideas I have for the government <p>L4 Key Vocabulary: Government Cabinet Prime Minister MP Elected Tax</p> <p>Lesson 5: Can I understand how budgeting money is an important part of spending money?</p> <ul style="list-style-type: none"> • To understand how to put together a weekly budget • I understand that having a budget helps people know how much they can spend and prioritise spending • I can devise a budget • I understand that income might change and how families might deal with this • I understand some of the feelings associated with money <p>L4 Key Vocabulary: Want Need Income</p>
Link to the National Curriculum	Link to the National Curriculum	Link to the National Curriculum

Cross-Curricular Links:

Autumn:

Spring:

Summer:

Enrichment:

Autumn:

Spring:

Summer:

Key Skills which can be revisited throughout other Subject Areas:

Key Days:



National Curriculum: By the end of KS1, pupils will be able to:

-